benign chronic pemphigus

Benign chronic pemphigus, often called Hailey-Hailey disease, is a rare skin condition that usually appears in early adulthood. The disorder is characterized by red, raw, and blistered areas of skin that occur most often in skin folds, such as the groin, armpits, neck, and under the breasts. These inflamed areas can become crusty or scaly and may itch and burn. The skin problems tend to worsen with exposure to moisture (such as sweat), friction, and hot weather.

The severity of benign chronic pemphigus varies from relatively mild episodes of skin irritation to widespread, persistent areas of raw and blistered skin that interfere with daily activities. Affected skin may become infected with bacteria or fungi, leading to pain and odor. Although the condition is described as "benign" (noncancerous), in rare cases the skin lesions may develop into a form of skin cancer called squamous cell carcinoma.

Many affected individuals also have white lines running the length of their fingernails. These lines do not cause any problems, but they can be useful for diagnosing benign chronic pemphigus.

Frequency

Benign chronic pemphigus is a rare condition; its prevalence is unknown.

Genetic Changes

Benign chronic pemphigus results from mutations in the *ATP2C1* gene. This gene provides instructions for producing a protein called hSPCA1, which is found in many types of cells. The hSPCA1 protein helps cells store calcium until it is needed. Calcium has several critical functions in cells, including regulating cell growth and division and helping cells stick to one another (cell adhesion). The hSPCA1 protein appears to be particularly important for the normal function of cells called keratinocytes, which are found in the outer layer of the skin (the epidermis).

Mutations in the *ATP2C1* gene reduce the amount of functional hSPCA1 protein in cells. This abnormality impairs cells' ability to store calcium normally. For unknown reasons, this abnormal calcium storage affects keratinocytes more than other types of cells. The abnormal regulation of calcium impairs many cell functions, including cell adhesion. As a result, keratinocytes do not stick tightly to one another, which causes the epidermis to become fragile and less resistant to minor trauma. Because the skin is easily damaged, it develops raw, blistered areas, particularly in skin folds where there is moisture and friction.

Inheritance Pattern

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.

Other Names for This Condition

- benign familial pemphigus
- familial benign chronic pemphigus
- Hailey-Hailey disease
- pemphigus, benign familial

Diagnosis & Management

Genetic Testing

 Genetic Testing Registry: Familial benign pemphigus https://www.ncbi.nlm.nih.gov/qtr/conditions/C0085106/

Other Diagnosis and Management Resources

 American Osteopathic College of Dermatology http://www.aocd.org/?page=HaileyHaileyDiseas

General Information from MedlinePlus

- Diagnostic Tests https://medlineplus.gov/diagnostictests.html
- Drug Therapy https://medlineplus.gov/drugtherapy.html
- Genetic Counseling https://medlineplus.gov/geneticcounseling.html
- Palliative Care https://medlineplus.gov/palliativecare.html
- Surgery and Rehabilitation https://medlineplus.gov/surgeryandrehabilitation.html

Additional Information & Resources

MedlinePlus

- Encyclopedia: Squamous Cell Carcinoma https://medlineplus.gov/ency/article/000829.htm
- Health Topic: Pemphigus https://medlineplus.gov/pemphigus.html

Genetic and Rare Diseases Information Center

 Hailey-Hailey disease https://rarediseases.info.nih.gov/diseases/6559/hailey-hailey-disease

Additional NIH Resources

- National Cancer Institute: Skin Cancer https://www.cancer.gov/types/skin
- National Institute of Arthritis and Musculoskeletal and Skin Diseases https://www.niams.nih.gov/Health_Info/Pemphigus/

Educational Resources

- American Osteopathic College of Dermatology http://www.aocd.org/?page=HaileyHaileyDiseas
- British Association of Dermatologists http://www.bad.org.uk/for-the-public/patient-information-leaflets/hailey-hailey-disease#.UzltX1cjTHk
- Disease InfoSearch: Hailey Hailey Disease
 http://www.diseaseinfosearch.org/Hailey+Hailey+Disease/3212
- MalaCards: hailey-hailey disease http://www.malacards.org/card/hailey_hailey_disease
- Orphanet: Familial benign chronic pemphigus http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=2841

Patient Support and Advocacy Resources

- Foundation for Ichthyosis and Related Skin Types (FIRST) http://www.firstskinfoundation.org/
- International Pemphigus & Pemphigoid Foundation http://www.pemphigus.org/
- National Organization for Rare Disorders (NORD)
 https://rarediseases.org/rare-diseases/hailey-hailey-disease/
- Resource List from the University of Kansas Medical Center: Skin / Dermatological Conditions http://www.kumc.edu/gec/support/derm.html

ClinicalTrials.gov

ClinicalTrials.gov
 https://clinicaltrials.gov/ct2/results?cond=%22benign+chronic+pemphigus%22+OR+%22Hailey-Hailey+disease%22+OR+%22benign+familial+pemphigus%22

Scientific Articles on PubMed

PubMed

https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28benign+chronic+pemphigus%5BTIAB%5D%29+OR+%28benign+familial+pemphigus%5BTIAB%5D%29+OR+%28Hailey-Hailey+disease%5BTIAB%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+1800+days%22%5Bdp%5D

OMIM

 BENIGN CHRONIC PEMPHIGUS http://omim.org/entry/169600

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Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/10767338

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